

Faculty of Traditional Medicine
Kawang-Jangsa, Thimphu Bhutan



Annual Report
2013-14

1. Introduction

The Faculty of Traditional Medicine (FoTM) was established in 1971 at Dechencholing as per the National Assembly Resolution No. 32, Article 11 to develop human resources for the traditional medical service with the recruitment of 8 students for Menpa training. The training of Drungtsho (B.Sc. TM) was started in 1978 as per the Royal Command of His Majesty Jigme Singye Wangchuck, the fourth King of Bhutan. The training center was shifted to the present site in 1992 and upgraded as the National Institute of Traditional Medicine (NITM) under the Ministry of Health (MoH). In 2003, NITM became one of the founding members of the Royal University of Bhutan (RUB) and in 2007 it was officially transferred to Royal University of Bhutan from the Ministry of Health. The Royal University of Bhutan was delinked from the Royal Civil Service Commission (RCSC) and functioned as an Autonomous and independent organization with effect from 1st July 2011. On 29th November 2013, the National Institute of Traditional Medicine and the Royal Institute of Health Sciences were delinked from the Royal University of Bhutan and transferred to the newly established University of Medical Sciences of Bhutan (UMSB) as per the Government directives and renamed as the Faculty of Traditional Medicine.

1.1. Vision

The Institute aspires to become a center of excellence in traditional medicine education and research that produces GNH inspired graduates with appropriate knowledge and skills to meet the international standards.

1.2. Mission

The Institute will strive to achieve excellence in the design, development and delivery of *Sowa Rigpa* education programmes through research and innovation, blending the rich ancient wisdom and modern science to make the programmes relevant for the current health needs of the people.

1.3. Objectives:

- a) To develop human resource for traditional medical services in the country
- b) To strengthen and develop *Sowa Rigpa* system of medicines through research and development
- c) To develop into a premier institute of learning in *Sowa Rigpa* and practices with the state of art infrastructure, management and teaching and learning facilities.

1.4. Mandates, Functions, Roles and Responsibilities

- a) Incorporate the values and principles of Gross National Happiness as educational foundations for all programmes
- b) Provide quality education and training in *Sowa Rigpa* to both national and international students

- c) Enhance the quality of educational programmes through increasing international partnerships and collaborations
- d) Serve as the knowledge hub in traditional medicine by working closely with community and industry
- e) Contribute to opening up new paths to better future through research and inquiry
- f) Provide continuing medical education for enhancing knowledge and skills of the practitioners
- g) Diversify *Sowa Rigpa* education programmes based on the current health needs of the country
- h) Preserve and promote the rich cultural heritage of the country.

2. Major Activities for 2013-14

2.1. Programme Development:

- a) The curriculum for Master Degree in Traditional Medicine was developed in consultation with the Department of Traditional Medicine Services and National Traditional Medicine Hospital and submitted to the University of Medical Sciences of Bhutan for validation
- b) The curriculum for up-gradation of Menpa to bachelor degree in therapy was also developed in a similar manner and is validated by the University of Medical Science of Bhutan and will be introduced soon
- c) The existing curriculum for diploma programme in Traditional Medicine is validated by the University of Medical Sciences of Bhutan
- d) The Drungtsho programme which has been validated by the Royal University of Bhutan is reviewed in April 2014 and received the report for further improvement
- e) Short programme in English on *Sowa Rigpa* is being developed and will be implemented soon.

2.2. Field Training Programme

- a) As per the curriculum, 7th semester Drungtsho and 3rd semester sMenpa trainees along with a lecturer went to Lingzhi in August 2013 for the identification of high altitude medicinal plants/herbs for 3 weeks.
- b) The 5th semester sMenpa and 7th semester Drungtsho trainees were taken for the low altitude medicinal plants identification as practical field training in Trongsa and Gelephu prescribed by the curriculum in the month of October 2013 for 2 weeks.

- c) To understand both modern health care delivery system and traditional medicinal services, the 1st year students were taken for orientation tour to different hospitals and Basic Health Units under Paro and Punakha Dzongkhags in Aug 2013 for 1 week.
- d) To impart training based on actual service needs of the public and to achieve the objectives of the institute, the 1st year Drungtsho and Menpa students were taken for the identification of Tshachus and Menchus in Gasa and Punakha Dzongkhags in November 2013 for 1 week.

2.3. Faculty Development

- a) Two Lecturers are undergoing their Masters Degree in Traditional Medicine at the Health Sciences University of Mongolia through WHO funding and they will be completing in July 2014.
- b) Two lecturers are undertaking the Postgraduate Certificate in Higher Education at the Samtse College of Education, Samtse (on and off campus) which commenced from December 2013.
- c) Two staff attended the PAR Project Training on “Dedoose” Data Analysis Software and Report Writing from in April 2014 at the Paro College of Education.
- d) One Lecturer has attended the Pedagogy training New Delhi, India sponsored by the University of Medical Sciences of Bhutan in June 2014.
- e) Annual Retreat was held in December 2013 at Chuniding Resort, Thimphu for three days with the objective of enhancing technical capability of faculty members and other support staff of FoTM
- f) The Librarian is undergoing degree programme in Sherubtse College and will be completing in July 2014
- g) Three support staff are undergoing continuing education programme (degree) at the Royal Thimphu College

Staff Statistics for 2013-14

a)	Number of Academic Staff	12
b)	Number of Administration Support Staff	12
c)	Number of GSC and ESP staff	5
	Total Staff	29

2.4. Infrastructure Development

- a) The construction of Academic and Administration block and MPH was completed and the hand in taking took place in July 2013.

- b) The construction of Hostel and Provost Quarter are also on the verge of completion and is expected to be functional from the next academic session (July 2014).
- c) The University of Medical Sciences of Bhutan has provided the financial support for the cost escalation of the construction projects.

3. Recruitment and graduation of students

- a) Six students were recruited for Drungtsho programme and 10 students were recruited for sMenpa programme in July 2013
- b) Seven Drungtsho and 11 sMenpa students have completed the final examination in June 2014
- c) Five Drungtshos and 12 sMenpas graduates have participated in the RUB Convocation held at the Royal Thimphu College in November 2013 and received the Certificates from His Majesty the King Jigme Khesar Namgyel Wangchuck.

Student Statistics for 2013-2014

Sl. No.	Class/ Courses	Gender		Total
		Male	Female	
1	Bachelor of Science in Traditional Medicine (Drungtsho)	15	10	25
2	Diploma in Traditional Medicine (sMenpa)	20	16	36
Grand Total				61

4. Other Activities:

- a) Conducted *rGyud-Zhi lung* (Oral Transmission) programme by Drungtsho Phurba Tshering, Sr. Lecturer to all *Sowa Rigpa* lecturers and students in January 2014.
- b) Conducted 5 days Human Values and Professional Ethics workshop for all students and staff in February 2014.
- c) The 6th Issue of Menjong So-rig Journal was published and uploaded in the institute website.
- d) The FoTM students have participated in the Second Royal University Sports Federation of Bhutan (RUSFoB) Inter College Football Championship 2013 and received Fair Play Trophy
- e) The students have participated in Inter College Khuru Tournament organized by the Royal Institute of Health Sciences and received Winner Rolling Trophy

5. **Extra Curricular activities.**

- a) For the wholesome development of the students, extra co-curricular activities such as debate, quiz, speeches and presentations are carried out regularly during Friday sessions
- b) Every Wednesdays the students also take part in *Choeshed Layrim* and Meditation programmes.
- c) The students conduct *sMenlha Choga* every month on 8th day in the lunar calendar dedicated to Medicine Buddha.
- d) Following clubs have been formed during the year to carry out various activities and to instill a sense of responsibility and team spirit among students:
 - Literary Club
 - sMenlha Club
 - Culture Club

6. **Conclusion:**

With the completion of the construction of Academic and Administration building through the support of Government of India, it has greatly facilitated in improving the quality of training programmes for the Drungtshos and sMenpas.

There is a need to focus more on programme development and diversifying the academic programmes in *Sowa Rigpa*. There is also a need to focus more on Research and Development in Traditional Medicine as there is a huge scope and potential for development.

Therefore, we look forward to receiving continuous support, guidance and directions from the University of Medical Sciences of Bhutan.

Trashhi Delek

Annex: Financial Statement

Financial Statement for Fiscal Year 2013-2014

Expenditure		Income	
Opening Stock		Indirect Incomes	
Stock of Stationaries & Consumable Items	158560.53	Misc Income	48500.00
Purchase Accounts		Rental Income	264759.20
Purchase		RGOB Grant	11812410.00
Operating and Other Expenses		S.I.T Income	
Depreciation Expenses		Tuition Fees	37000.00
Direction Services		Closing Stock	
Pay and Allowances	7779503.00	Stock of Stationaries & Consumable Items	158560.53
Contributions- Provident Fund (DS)	497845.00		
Gratuity			
Hospitality and Entertainment (DS)	46996.50		
Meetings and Celebrations(DS)	21878.00		
MoP- Building(DS)	195246.19		
Mop- Computer(DS)	50430.00		
MoP-Equipments (DS)	12815.00		
Mop- Vehicles(DS)	303395.38		
Op.Exp-Advertising & Promotion (DS)	12495.00		
Op.Exp-Taxes, Royalties & Bank Charges (DS)	28868.33		
Professional Service (DS)	48160.00		
S&M-Printing,Publications (DS)			
S&M - Stationaries(DS)	139177.52		
S&M-Uniforms (DS)	46370.72		
Stipends (DS)	929500.00		
Travel In-Country (DS)	435447.00		
Utilities-Electricity ,Water & Sewerage(DS)	306298.18		
Utilities-Postage and Courier (DS)			
Utilities-Telephones ,Fax,E-Mail & Internet (DS)	29534.35		
Games & Sports			
S&M-Sports Items (GS)	48770.00		
Identification of High & Low Altitude of Medicinal			
Travel-In-Country (IHLAMP)	132950.00		
Incountry Traning Workshops			
Training HRD (ITW)	95385.00		
Traning Others (ITW)	95636.00		
Internet Leaseline Charges			
Utilities-Telephones, Fax,Telex,Internet (ILLC)	111539.00		
Intership/attachement in District Hospital			
Orientation Tour			
Travel-Incountry (OT)	14150.00		
Procurement of Library Books			
S&M-Library Books	99039.00		
Publication of Menjong Sorig Journals			
S&M -Printing and Publication (PMSJ)			
Research & Development			
Study of Tshachus and Menchus			
Travel- Incountry (STM)	55800.00		
Total	11695789.70	Total	12321229.73
Excess of Income over Expenditure	625440.03		